



## St John's Curriculum Overview – Year 13



|                               |                               |
|-------------------------------|-------------------------------|
| <b>Subject title</b>          | <b>Health and Social Care</b> |
| Setting arrangements          | None                          |
| Time allowance each fortnight | 9 periods                     |

### Introduction

The Cambridge Extended Technical Award is a high-quality alternative to A-Levels, and carries the same UCAS points as one A-Level. This award is up-to-date and has been designed after significant consultation with employers, and whilst it is a vocational qualification it is also designed with entry to Higher Education in mind.

### Topics, Skills and Assessment covered during the course

|               | <b>Topics covered</b>   | <b>Skills developed</b>   | <b>Assessment</b>             |
|---------------|---|---|-------------------------------|
| <b>Term 1</b> | Unit 10 Nutrition for Health<br>Unit 13 Sexual Health, reproduction and early development | Unit 10 To understand how what we eat impacts our health? What is healthy eating? How do we promote healthy eating? Many health and social care practitioners are involved in the provision of meals, so it is important to understand and can explain good nutrition.<br><br>Unit 13 To understand why health and wellbeing is of vital importance even before you are born. How can you be sexually healthy? What types of contraception are available? The health and wellbeing of an individual who is pregnant and the process of birth is impacted by many factors. How do you care for a newborn? What needs does a newborn have and how does this differ to a one-year-old? | Internally assessed portfolio |
| <b>Term 2</b> | Unit 10 Nutrition for Health<br>Unit 13 Sexual Health, reproduction and early development | As for term 1   | Internally assessed portfolio |
| <b>Term 3</b> | Unit 10 Nutrition for Health<br>Unit 13 Sexual Health, reproduction and early development |   | Internally assessed portfolio |

|               |   |               |   |
|---------------|---|---------------|---|
| <b>Term 4</b> | Unit 10 Nutrition for Health<br>Unit 13 Sexual Health, reproduction and early development | As for term 1 | Internally assessed portfolio                   |
| <b>Term 5</b> | Unit 10 Nutrition for Health<br>Unit 13 Sexual Health, reproduction and early development | As for term 1 | Internally assessed portfolio                   |
| <b>Term 6</b> | Improvements to coursework and resit opportunities  |               | Resit opportunities for Unit 2 and Unit 3 exams |

**Resources Recommended for Revision and where they are available:**

Revision notes, activities and past papers available for Unit 1,2 and 3 examinations accessible from the OneDrive.

**Homework:**

3 hours per week

**Additional support and help for the course**

There is a text book issued to students in Year 12: Cambridge Technicals Level 3 Health and Social Care - Level 3,

By: Maria Ferreiro Peteiro, Judith Adams, Mary Riley

The lesson resources are uploaded onto the one drive for students to access in and out of class.

**Extra Curricular:**

- Opportunities to listen to guest speakers working in the health and social care environment.
- Possible visits and work experience placements.
- Mandatory units 2 and 3 will be externally set and marked by the exam board as follows:
- Unit 2: 1 hour 30 mins written paper 60 marks
- Unit 3: 1 hour 30 mins written paper 60 marks
- All external examinations will comprise short answer questions and questions requiring more extended responses.
- All other units will take the form of a portfolio of work designed to enable the students to demonstrate their understanding of the content.
- This will be teacher assessed and marked internally, then moderated by OCR.