



RAISING ACHIEVEMENT IN YEAR 11

A Parent Support Evening



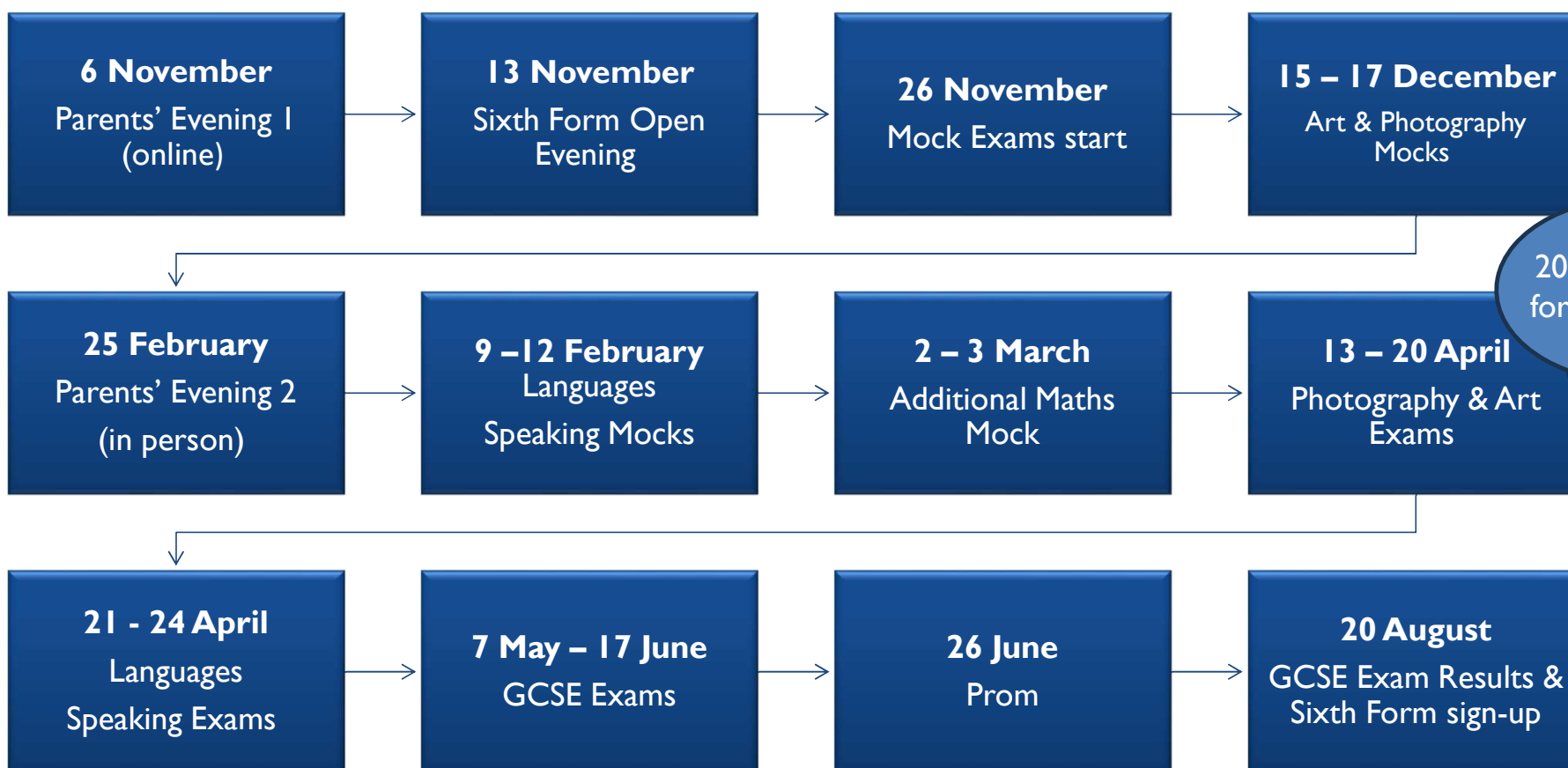
5:30pm	Introduction	Mr Rogan
5:35pm	Pastoral Support	Mr Ottaway
5:50pm	Revision Strategies	Mr Rogan
6:10pm	Maths	Mr Gunter & Mrs Keen
6:20pm	Science	Mrs Wilkins
6:30pm	English	Mrs Room & Mr Wilson
6:40pm	Exams	Mr Rogan and Mrs Wyatt



TONIGHT'S PURPOSE

Share our advice about how we can work together to support students in achieving success over the next year

TIMELINE 2025-26



20/04 SDDAY
for majority of
school

ATTENDANCE MATTERS



Every day missed equates to 5 hours of learning/course content



St John's students with **95% or higher** attendance achieve on average **1 GRADE HIGHER** in all their GCSEs, compared to students whose attendance is **85% or lower**.

GOOD

97% Attendance = up to 5 days per year missed

CONCERN

95% Attendance = 10 days per year missed

PERSISTENT ABSENCE

90% Attendance = 20 days or more per year missed

STUDY LEAVE

What you can do to help

- Final written exams start on 7th May
- Your child must attend school until Friday 22nd May
- If your child is not sitting an exam they must be in lessons

SCHOOL SUPPORT

What we are doing to help

- Techniques & guidance – tutorial time
- Revision & study skills workshop
- Quiet spaces – lunchtime
- Revision sessions – lunchtime & after school
- Exam practice – class time

Adult support

- Subject teachers
- Tutor
- Keyworker
- Head of year
- Next steps guidance – Careers team



YEAR 11 STUDY AND REVISION SKILLS WORKSHOP



Week 1 – Lesson 1 Friday 7th November

OR

Week 2 – Lesson 3 Monday 10th November

Location: Theatre

These will take place during a games lesson, avoiding disruption to learning.

What will be covered:

- Positive study habits
- Managing stress and anxiety
- Top tips to aid revision
- Revision timetabling & planning
- Revision techniques

Name: _____

**Year 11 Study
and Revision
Skills Workshop**



PARENT SUPPORT

What you can do to help



- Provide a calm, clear workspace
- Make sure they have the right equipment
- Help create a realistic revision timetable
- Read emails sent from school
- Reward and praise!

PARENT SUPPORT

What can you do to help



- Boost their brain power with a balanced diet and good hydration
- Support them to get enough sleep: 8 – 10 hours
- Show them you care
- Plan time for fun!
- Don't pretend it's not stressful...



- Encourage time away from screens
- Turn off notifications and smart watches to avoid distractions

STRESS & ANXIETY

- It's normal to feel worried about exams
- Exam stress causes anxiety which might affect sleep or eating habits
- Anxiety is unpleasant – we all experience it at times
- It might cause students to not revise or say an exam doesn't matter or they are going to fail anyway



STRESS & ANXIETY

TIPS TO HELP

- Talk to each other and be there for them
- Make time to relax
- Do activities that are enjoyable
- Be creative
- Don't add to the pressure by arguing: support your child through what is making them anxious

