



Curriculum Journey – PE



Becoming a confident practitioner

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Activities Covered:

Badminton
Table tennis
Fitness
Gymnastics
Tennis
Athletics

Themes

Developing leadership skills,
and critical evaluation skills
Developing your physical
abilities and tactical
awareness

Evaluate
and
improve

Opportunities for leadership will be offered
within lessons and externally to students
looking for an additional challenge.

Literacy in PE

Students learn to:
Communicate
Articulate ideas and
tactics
Use key words in
different sports

Becoming creative, independent and resilient

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Activities Covered:

Gymnastics
Fitness
Table Tennis
Badminton
Athletics
Tennis/ Pickleball

Themes

Developing creativity through
choreography.
Developing resilience and challenging
yourself in a variety of activities.
Developing your physical abilities

Challenge
yourself

Extra-curricular activities are available to all
pupils to continue improving their skills and
tactics in a range of sports.

Skills for Life

Independence
Problem Solving
Creativity
Resilience
Communication
Teamwork

Developing my ABCs for sport

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Activities Covered:

Fundamentals
Flag Football
Dance
OAA
Pickleball
Cricket
Rounders

Themes

Developing the agility,
balance and coordination
needed for successful
movement.
Developing teamwork,
creativity, and resilience
through physical activity.